



Fatigue Roster Review

Consultancy

Fatigue is a recognised hazard in organisations undertaking shift work or working extended hours and obligations exist under the Section 19 of the Work Health and Safety Act 2011 to manage risks to health and safety where fatigue is a recognised risk in these working environments.

Ethos Health develops diagnostic reports to support organisations that require a detailed understanding of the fatigue exposure created by working hour arrangements, whether that be a result of existing rosters, roster changes, or new rosters.

Roster review approach.

Our Roster Review utilises a comprehensive risk-based approach which complies with legislative responsibilities to provide for controlling risks associated with fatigue. It is a systematic, multilayer approach to reviewing work and non-work-related fatigue hazards, analysis of risk, identification of current mitigation strategies, development of recommendations for additional controls and the development of a risk treatment plan.